



A BUST:

Measure under your arms at the fuller part of your bust. Keep tape level across your shoulder blades.

B WAIST:

(A)

 (\mathbb{B})

 \bigcirc

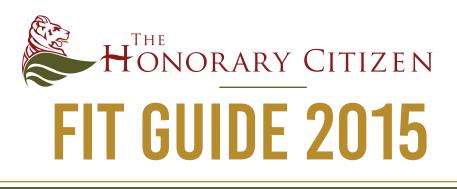
Measure around your natural waistline, keeping the tape comfortably loose.

© HIPS:

Measure around your body 1 1/2" below your natural waist.

WOMENS APPAREL SIZES

SIZE	XSMALL	SMALL	MEDIUM	LARGE	XLARGE
BUST	32″	34″	36″	38″	40″
WAIST	25″	27″	29″	31″	34″
HIPS	37″	39″	41″	43″	45″
BUST	82 cm	86 cm	91 cm	96 cm	101cm
WAIST	65 cm	69 cm	74 cm	80 cm	86 cm
HIPS	96 cm	100cm	104 cm	110cm	114cm
INSEEM	78.5cm	79 cm	79.5cm	80 cm	80.5cm



MEASURING Guide

A CHEST:

Measure under your arms at the fuller part of your bust. Keep tape level across your shoulder blades.

B WAIST:

(A)

(B)

Measure around your natural waistline, keeping the tape comfortably loose.

© HIPS:

Measure around your body 1 1/2" below your natural waist.

MENS APPAREL SIZES

SIZE	SMALL	MEDIUM	LARGE	XLARGE	XXLARGE		
CHEST	36″	39″	42″	45″	48″		
WAIST	31″	32″	34″	36″	38″		
SLEEVE	34″	35″	36″	36.5″	37″		
INSEEM	31.5″	32″	32″	32.5″	33″		
CHEST	92 cm	100cm	108cm	116cm	124cm		
WAIST	79 cm	82 cm	86 cm	90 cm	96 cm		
SLEEVE	86 cm	88 cm	90 cm	92 cm	94 cm		
INSEEM	80 cm	81 cm	82 cm	83 cm	84 cm		